



Holy Family R.C. Primary School Newsletter

OCTOBER 2026

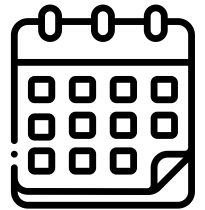
*Working together as a family. Following in the footsteps of Jesus.
Always giving our best..*

DATES TO REMEMBER

OCTOBER - Month of Mary.

Thurs 22nd - 3.30-4.15pm YR-Y2 Disco/ 4.15-5.15pm Y3-6 Disco

Fri 23rd - SCHOOL CLOSED FOR TEACHER TRAINING



HALF TERM HOLIDAY (26th to 30th Oct)

NOVEMBER

Mon 2nd - SCHOOL CLOSED FOR TEACHER TRAINING

Tues 3rd - Flu vaccinations

Mon 16th - Anti-bullying day

Wed 18th - Red Wednesday (in support of Christians in need around the world)

Wed 18th - Teacher-Parent Meetings

Wed 25th - Teacher-Parent Meetings

Sun 29th - Advent begins

DECEMBER

Wed 9th - Sacrament of Reconciliation for Y4-6

Wed 9th - Class 1 & 2 Nativity performance, 2pm

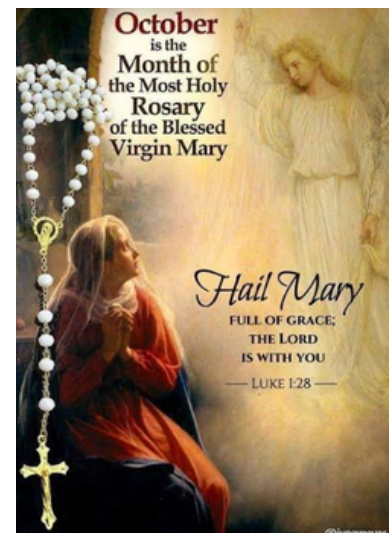
Thurs 10th - Class 1 & 2 Nativity performance, 2pm

Wed 16th - Christmas Lunch

Thurs 17th - Christingle Carol Service

Fri 18th - Christmas Parties

Fri 18th - End of autumn term



An up-to-date calendar can now be found on the school web site - [click here](#)

INSET DAYS

We have set our INSET days for the rest of this year. School will be closed on the following days:

Fri 23rd October
Mon 2nd November
Mon 4th January
Mon 15th February
Mon 5th April



PHYSICAL PUNISHMENT LAWS

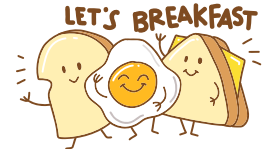
Physical punishment is illegal in Wales. This means no smacking, hitting, slapping or shaking of children.

To find out more [click here](#).



BREAKFAST CLUB DROP-OFF

Breakfast Club opens at 8.15am. Please do not allow your children to come on site before this time unless you are there to supervise them. If this happens we will need to call you back to look after your children until the gate opens. Thank you for your support.



Mae Brechu yn achub bywydau
Vaccination saves lives

Plant, pobl ifanc a'r fflw
Children, young people and flu

Gall y fflw fod yn ddifrifol iawn i blant a phobl ifanc.
Flu can be very serious for children and young people.

Yr hydref yma, bydd pawb o'r dosbarth derbyn i flwyddyn ysgol 11 yn cael cynnig brechlyn fflw chwistrell trwyn.
Efallai y bydd rhai'n cael y brechlyn fflw trwy bigiad (heb gelatin) yn lle.
Siaradwch â'ch nyrs ysgol, ymwelydd iechyd neu feddygfa am fwy o wybodaeth.

This autumn, everyone from reception class age to school year 11 age will be offered a nasal spray flu vaccine.
Some may have the flu vaccine by injection (gelatine free) instead.
Talk to your school nurse, health visitor or GP surgery for more information.

Gallwch gael gwybod mwy am frechu rhag y fflw yn:
icc.gig.cymru/brechlynffliw

You can find out more about flu vaccination at:
phw.nhs.wales/flu vaccine

Iechyd Cyhoeddus Cymru Public Health Wales
 Sgwârwi i'w fflw anmwydd
 Sgwârwi i'w fflw anmwydd

Ffensiwn 1 | Gorffennol 2020
Version 1 | July 2020
0800 919 8370-833-4
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TEACHER-PARENT MEETINGS - NOVEMBER

You will be given the opportunity to meet with your child/ren's teacher to discuss their progress so far on 18th & 25th November. This year we are changing the booking system to give you more control. You will need to register and download the Arbor App (links will be sent out on Monday next week) and book an appointment through the app. You will be able to choose a time and day that suits you immediately. If you have any difficulties in doing this please pop into the office and speak to Miss Jenkins.



AUTUMN DISCOS

You can now buy tickets on ParentPay for your child to attend the autumn discos on Thurs 22nd October:

YR-Y2 - 3.30-4.15pm

Y3-Y6 - 4.15-5.15pm



There is no fancy dress this year - as Catholics we do not celebrate Halloween.

Instead, all children can wear their party clothes to school during the day. Please ensure they are wearing sensible shoes as they will be on the playground at breaktimes- no crocs allowed.

KEEP THE DATE - CHRISTMAS

Please keep the following dates for Christmas events:

- **Wed 9th Dec** - Class 1 & 2 Nativity Performance, 2pm
- **Thurs 10th Dec** - Class 1 & 2 Nativity Performance, 2pm
- **Thurs 17th Dec** - Christingle Carol Service



BOOKING OF SCHOOL DINNERS

Please remember to book your child's school dinner for each day and to choose with you.

It can be distressing for children if a dinner has not been booked and they have to go to the end of the line at dinner time or if the meal is not what they were expecting. We advise booking the meals on a Sunday evening for week. They can be changed the night before if they change their minds.

The school lunch menu will be changing significantly after half term due to new Welsh Government guidelines. Details to follow once we have the exact information from the council.



Miele
SCHOOL OF DANCE
EXPRESS. ENJOY. BELONG.

TAP, JAZZ, MODERN AND DISCO

TAP **JAZZ** **MODERN** **DISCO**

St Mary's Church Hall,
Talbot Street, Canton

Tuesdays & Fridays
4.15pm - 5:45pm

Contact Vicky on
07832351913

mieleschoolofdance@gmail.com

DANCE
BUILD CONFIDENCE
MAKE FRIENDS
HAVE FUN!
♡

EVERY STEP
STARTS HERE

FOLLOW US FOR UPDATES & PERFORMANCES!

PEDESTRIAN TRAINING - YEAR 1 & 2

Year 1 and 2 children will be receiving training in how to cross the road safely in December.

Year 1 children will practice in school with a pretend road set-up in the school hall and Year 2 children will go outside the school in small groups to practice. The training is led by adults from the council programme.



FOOD BANK



The St Vincent Centre in Ely runs a food bank known as the Reaching Out Programme. They provide bags of food each week for families in need of some support.

Deliveries are on a Monday and they can deliver to your door or to school for you to collect. If you would like us to refer you to the service please email the school or speak to Miss Jenkins in the office.



The Open University
Y Brifysgol Agored
Wales Cymru

Information Event

Hosted by **ND Community Connectors**
Sponsored by **The Open University Wales**
Caring for Carers Cymru

For **parents/carers** of children & young people
on the **Neurodevelopmental Service** waiting list
or with an **Autism/ADHD** diagnosis in **Cardiff**

Information stalls from locally based services and support
that can be accessed whilst waiting for an assessment or
post diagnosis.

Supported by organisations across Local authority,
Education and Third Sector/Charity.

Location: Glenwood Church & Wellbeing Space
Circle Way West, Llanedeyrn CF23 6UW

Date: Monday, 19th October 2026

Time: 10:00 - 11:30am

For more information & to book a place via
Eventbrite, please use the QR code or this link:

<https://autismadhdsservicesandsupportCardiff.eventbrite.co.uk>



family
lives



Child to Parent Aggression

Delivered by **Coram Family Lives**
Hosted by **ND Community Connectors CIC**

The session aims to:

- Support parents and carers experiencing aggression or violence from a child or teenager.
- Provide a safe space to share, explore difficult behaviours and offer coping and de-escalation strategies.

Location: ASDA Cardiff Bay, Ferry Road, Cardiff, CF11 OJR

Date: Tuesday, 3rd November 2026

Time: 10:00am - 11:30am

For more information & to book a place via
Eventbrite, please use the QR code or this link:

<https://ChildtoParentAggressionCoramFamilyLivesNDcommunityconnectors.eventbrite.co.uk>

