



### Holy Family RC Primary School Newsletter

*"Working together as a family, following in the footsteps of Jesus, always giving our best."*

Mrs L. Mills, Headteacher- [holyfamilyprm@cardiff.gov.uk](mailto:holyfamilyprm@cardiff.gov.uk)

Priest in charge: Father Solomon

Weekend Mass times- Saturday 6.00pm, Sunday 9.30am

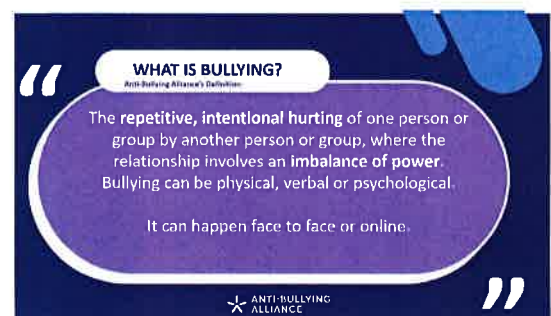
Telephone: School 029 20565354 Church: 029 20230492

School website address - <https://www.holyfamilyprm.co.uk>

15<sup>th</sup> November 2024

#### Anti- Bullying Week

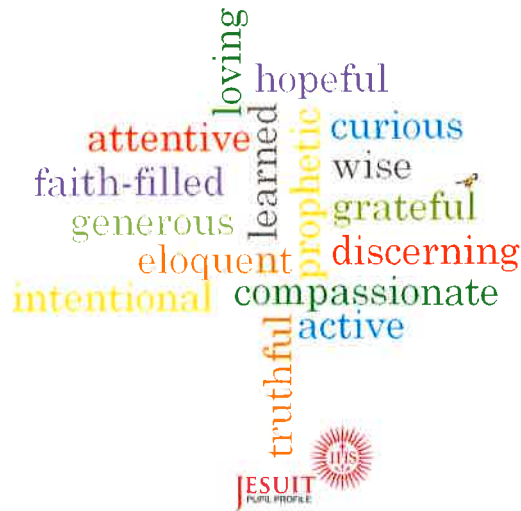
This week is Anti-Bullying week, the children have had an Assembly on theme of showing respect for all. Each Class has also done some work around this theme.



## Catholic Life of the School

During this half term as a school, we are focusing on the Virtues of **Intentional** and **Prophetic**. An **intentional person** is someone who lives their life by their own worldwide view, formed by Christian knowledge and the common good. Being **prophetic** is about being seen to do good and about speaking out for what is right.

## Intentional + Prophetic



During November we pray for the Holy Souls. We also remember those that have died during War.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.



## Feast Of Christ the King -International Mass

On Sunday 24<sup>th</sup> November at the 9.30am Mass, our children will be leading the Ministries. It would be lovely to see as many families as possible from our school in attendance. Refreshments will be available after Mass in the Hall.



## Applications to Reception Class September 2025

Applications for Reception Class for September 2025 opened on Monday 11<sup>th</sup> November. You now need to apply online for a place at Holy Family via the Cardiff Council website, School admissions section. The closing date is **13<sup>th</sup> January 2025**. Here is the link to the Cardiff Council website:

<https://www.cardiff.gov.uk/ENG/resident/Schools-and-learning/Schools/Applying-for-a-school-place/Primary-school/Pages/default.aspx>

**Please contact the Office if you need any help.**



## Year 6 Cycling Course

This begins on **Monday December 2<sup>nd</sup>** and lasts for 4 days. The children will bring home consent forms for this on Monday.



## Attendance

If your child is unwell, please telephone the school the first morning of their absence; we have a dedicated telephone line where you can leave a message. If your child is unwell in the morning but then perks up, please bring them into school, they will then get their afternoon mark.



## Attendance Matters

Attendance Percentage	Days at School	Number of Absences		
100%	190	0	Well Done	Best chances of success.
95%	180	10		
90%	171	19	'We are Worried'	Poor Attendance—Less chance of success
85%	161	29		
80%	152	38	'We are Seriously Concerned'	Very Poor Attendance—Serious impact on education and reduces life chances.
75%	143	47		

## School uniform labelled

Please ensure all uniform is labelled, particularly Jumpers and Fleece. Thank you.

## Sharing success

If your child achieves something we can celebrate, either email a photograph or the child can bring in their certificates, trophies etc. We will publish the good news in the Newsletter.

## **Diary dates 2024/25**

These will be regularly updated:

### **November**

Wednesday 20<sup>th</sup> November Parental Consultation Evening for **Class 5**. Appointments will be emailed to parents.

Thursday 21<sup>st</sup> November Parental Consultation Evening for Classes 1,2,3,4 and 6. Appointments will be emailed to parents.

Sunday 24<sup>th</sup> November International Mass at Holy Family Church 9.30am

Wednesday 27<sup>th</sup> November School Mass celebrated by Father Solomon **10.20am**

## **December**

Monday 2<sup>nd</sup> December Year 6 Cycling Proficiency Training- 4 days

Tuesday 3<sup>rd</sup> December Class 1 and 2 Christmas Play 2pm

Wednesday 4<sup>th</sup> December Class 1 and 2 Christmas Play 2pm

Tuesday 10<sup>th</sup> December Class 3 and 4 Christmas Play 2pm

Wednesday 11<sup>th</sup> December (morning) Class 1 and 2 Sleeping Beauty pantomime at Bridgend College

Wednesday 11<sup>th</sup> December Class 3 and 4 Christmas Play 2pm

Tuesday 17<sup>th</sup> December Class 5 and Class 6 visit the National Museum of Wales

Wednesday 18<sup>th</sup> December Christmas Lunch for the children

Thursday 19<sup>th</sup> December Christingle Carol Service 9.30am

Friday 20<sup>th</sup> December Christmas Disco for the children- in the afternoon. School closes for the Christmas holidays 3.30pm

## **January**

**Monday 6<sup>th</sup> January Inset Day school closed to children**

Tuesday 7<sup>th</sup> January children return to school

Monday 13<sup>th</sup> January closing date for applications for children starting Reception September 2025

Friday 24<sup>th</sup> January St Dwynwen's Day – children to wear red

## **February**

Tuesday February 11<sup>th</sup> Safer Internet Day

Thursday 13<sup>th</sup> February Valentine Disco. Classes 1, 2, and 3 4.15pm-5.15pm. Classes 4, 5 and 6 5.30pm-6.45pm.

**Friday 21<sup>st</sup> February Inset Day. School closed to children. Half term begins**

## **March**

Monday 3<sup>rd</sup> March children return to school after half term

Wednesday 5<sup>th</sup> March Ash Wednesday Lent begins

Friday 7<sup>th</sup> March St David's Day Celebrations

Monday 10<sup>th</sup> March World Book Day

Monday 17<sup>th</sup> March children in Year 6 attend Llangrannog Residential Centre

Wednesday 19<sup>th</sup> March children in Year 6 return from Llangrannog Residential Centre

## **April**

Monday 7<sup>th</sup> April Class 1, 2 and 3 Palm Sunday Assembly 3pm

Tuesday 8<sup>th</sup> April Class 4 Last Supper Assembly 3pm

Wednesday 9<sup>th</sup> April Class 5 The Agony in the Garden and Trial of Jesus Assembly 3pm

Thursday 10<sup>th</sup> April Class 6 Crucifixion of Jesus Assembly 3pm

Friday 11<sup>th</sup> April Easter Raffle and school closes for the Easter holidays at 3.30pm

Monday 28<sup>th</sup> April children return to school after the Easter holidays

Monday 28<sup>th</sup> April Y5 children attend Manor Adventure Abernant Residential Centre

Wednesday 28<sup>th</sup> April Y5 children return from Manor Adventure Abernant Residential Centre

## **May**

**Monday 5<sup>th</sup> May school closed for Bank Holiday Monday**

Monday 12<sup>th</sup> May National tests begin for Classes 3-6

Friday 23<sup>rd</sup> May National tests finish. **School closes for half term 3.30pm**

## **June**

**Monday 2<sup>nd</sup> June school closed to children for an Inset Day**

Thursday 19<sup>th</sup> June Sports Day

Thursday 26<sup>th</sup> June reserve Sports Day if weather is poor on June 19<sup>th</sup>

## **July**

Tuesday 8<sup>th</sup> July Class 5 and 6 Play 2pm

Wednesday 9<sup>th</sup> July Class 5 and 6 Play 2pm

Thursday 17<sup>th</sup> July Year 6 Leavers' Mass and Assembly

**Monday 21<sup>st</sup> July Inset Day – school closes for the summer holidays**

### Inset Days 2024/25

Monday 6<sup>th</sup> January 2025

Friday February 21<sup>st</sup> 2025

Monday June 2<sup>nd</sup> 2025

Monday 21<sup>st</sup> July 2025

### Term Dates 2024/25

Term	Term begins	Half Term begins	Half Term ends	Term ends
Autumn Term	Monday 2/9/2024	Monday 28/10/2024	Friday 1/11/2024	Friday 20/12/2024
Spring Term	Monday 6/1/25	Monday 24/2/25	Friday 28/2/25	Friday 11/4/25
Summer Term <small>*5/5/25 May Day Bank Holiday</small>	Monday 28/4/25	Monday 26/5/25	Friday 30/5/25	Monday 21/7/25

### Term Dates 2025/26

Term	Term begins	Half Term begins	Half Term ends	Term ends
Autumn Term	Monday 1/9/2025	Monday 27/10/2025	Friday 31/10/2025	Friday 19/12/2025
Spring Term	Monday 5/1/26	Monday 16/2/26	Friday 20/2/26	Friday 27/3/26
Summer Term <small>*4/5/26 May Day Bank Holiday</small>	Monday 13/4/26	Monday 25/5/26	Friday 29/5/26	Monday 20/7/26



# Class One



For Remembrance Day we made poppies using lots of different materials.



For Anti-Bullying Week we talked about what made a good friend, we then made a friendship soup! We put in lots of ingredients like "kindness, laughter, sharing, saying nice things and hugs." We also made friendship bracelets.

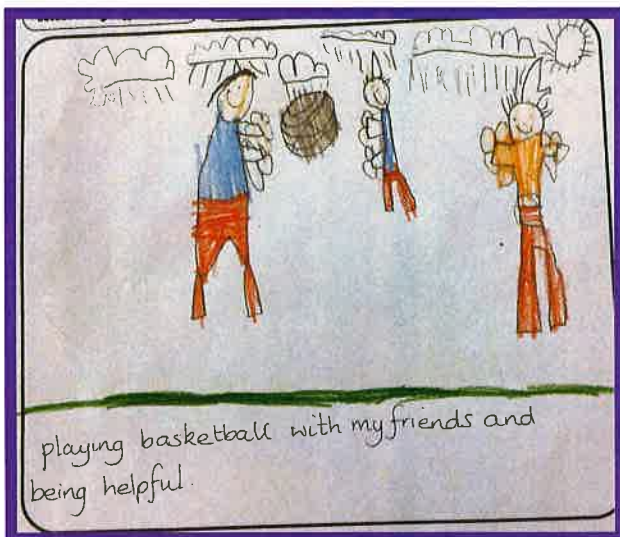


# class 2



This week we took part in activities for Anti-bullying Week based on the theme of "Respect".

We sorted images of different scenarios of either 'showing respect' or 'not showing respect'. We discussed the different ways that we can show respect at home and in school. We were all very good at recognising how to be respectful. We also designed posters to show others ways that they can be respectful.





# Class 3



This week in Class 3 we have been completing Anti-bullying Week activities based on this year's theme 'Choose Respect'. We have been thinking about how we can be respectful to each other. We created posters using PicCollage showing people how to 'Choose Respect'. Here are our posters:

**Choose Respect**

WAYS WE CAN CHOOSE RESPECT

Following school rules

Include others in activities

Listening to others

Looking out for each other

Respect each others views

Use good manners



Ire and Riley

PIC•COLLAGE

**Choose Respect**

Ways we can choose Respect

Respect each others views

Be kind to each other

Speak with kindness

Look out for others

Using good manners

Listening to others

We LISTEN to OTHERS

Include everyone



Freddie and Leo

PIC•COLLAGE



We also celebrated Children in Need day today. We dressed up and enjoyed completing Pudsey Bear activities in class.





# CLASS 4.

Article 29 of the UNCRC says that a child or young person's education should help their mind, body and talents be the best they can. It should also build their respect for other people and the world around them. In particular, they should learn to respect their rights and the rights of others their freedoms and the freedoms of others.

## Anti-Bullying Week

In Class 4 we have been learning about the different types of bullying as part of Anti-Bullying week.

### Verbal



A person who is a verbal bully will use unkind words towards another person on more than one occasion.

### Emotional



Someone who is emotionally bullying may spread rumours about another person. They might leave them out of a game too.

### Physical



Physical bullying involves a person hurting another person. They might hit, bite, punch or kick a person to upset them.



How might you feel if you are being bullied?

A person being bullied may feel scared and too scared to tell an adult. They might feel angry and upset or even depressed.



## CLASS 5 ANTI-BULLYING WEEK

*In class, we discussed the different kinds of bullying and how it was best dealt with. We chose an activity to show our understanding. Here is a letter of advice from Megan:*

Dear Lonely,

After the letter you sent me, I shattered into pieces because I know what you have been through. This is because I was badly bullied when I was young. I know that the bullies will never ever stop. They will make your life a living hell. Whenever I woke up in the morning, I didn't want to go to school. You must be the same. You have to know that people can relate to you and they know how you feel.

I have to tell you the truth- every time you let them bully you, you are also letting them take advantage of you, which is definitely not ok for your mental health. What I want you to do is go and find one of your teachers, say you need to talk to them about something and finally tell them that you are being bullied. You can also tell your parents or even your older siblings. As long as you tell someone, you are going to be ok.

It WILL get worse overtime. You might think it's going to get better but it's not if you don't tell someone immediately. I am really compassionate about your well-being and I want you to be ok as school is a wonderful place where you can learn new things, but if you don't go because somebody is bullying you, then you are missing opportunities to get a better education which is really important as you need a secure job when you are older.

"Act brave, walk away, and ignore the bully." This is a quote written by Fred Michaels. When you act brave then your bully can back away as they think you are stronger than them. When you walk away the bully will think you are much more mature than them so they will back off. When you ignore your bully, it makes them feel like they are nothing to you so they will feel powerful as their main goal is to make you upset and make your self-esteem go low. However, you MUST call them out.

Whenever I see someone get bullied, a piece of my heart gets chipped, as I feel so sad and also miserable for them. You NEED to tell someone as soon as possible or else the bullying will cross the line and you will start feeling depressed and once you start feeling depressed there is no going back EVER again.

I really hope you find this letter better,

Meg

Class 6

# Do you choose Respect?

**Reflect:** think about these questions. What does respect mean to you?

**RESPECT:** What does it mean to you? What does it sound, look and feel like? Do we need more of it? What about self-respect? What would disrespect look like and who can help us be more respectful?



## Did you know?

Nearly one person in every class is bullied each day! 17% of children have been bullied online.

**It must stop!** We need to take-action and think about words and actions

## **Don't be a bystander!**

**A bystander is just as worse as a bully, it's someone who decides to let all the actions happen to the victim. Don't watch and stand, make a stand for them.**

How to show respect when...

Someone is crying?

Questions to think about

How to show respect when...

Someone took the book you wanted before you?



# RESPECT

**R**espect everyone

**E**mpathy is important

**S**ay kind things to others

**P**lease remember to use your manners

**E**veryone matters

**C**an you do something respectful today.

**T**ake time to listen to others.

Everyone deserves respect. Whether face to face or online. Being kind and respectful; can help improve our relationships and prevent bullying!!!!

**Article 29 of the UNCRC says that a child education should help their mind. It should also build respect for other people**