



## Holy Family RC Primary School Newsletter

*"Working together as a family, following in the footsteps of Jesus, always giving our best."*

Mrs L. Mills, Headteacher- [holyfamilyprm@cardiff.gov.uk](mailto:holyfamilyprm@cardiff.gov.uk)

Priest: Canon David Hayman

Weekend Mass times- **Saturday 6.00pm, Sunday 9.30am**

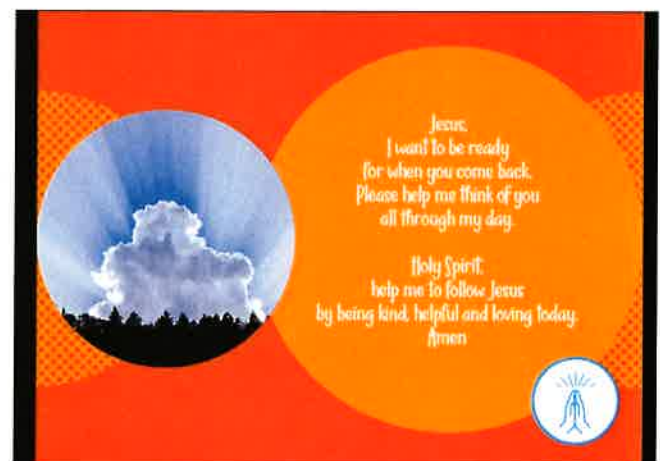
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November 17th 2023

### Catholic Life of the School

In Assembly this week, the Gospel reminded us that we must be ready for His return. We need to be ready by loving God and others. We asked the Holy Spirit to help us follow Jesus.



During November we pray for the Holy Souls. We also remember those that have died during War.

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.  
May they rest in peace. Amen.*



### Feast Of Christ the King -International Mass

On **Sunday 26<sup>th</sup> November at the 9.30am** Mass, our children will be leading the Ministries. It would be lovely to see as many families as possible from our school in attendance. Refreshments will be available after Mass in the Hall.



### Anti-bullying Week

This week is Anti-bullying Week. The children have taken part in lots of activities about bullying and how to deal with it.

**Make a noise if you are being bullied, make a noise if you think someone is being bullied.**

**#MakeANoise**



### **What is bullying?**

Bullying is the **repetitive, intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**.

It can happen face to face or online.

Anti-Bullying Alliance agreed definition

### Applications to Reception Class September 2024

Applications for Reception Class for September 2024 open on Monday. **You now need to apply online for a place at Holy Family via the Cardiff Council website, School admissions section.** The closing date is **8<sup>th</sup> January 2024**.

Here is the link to the Cardiff Council website:

<https://www.cardiff.gov.uk/ENG/resident/Schools-and-learning/Schools/Applying-for-a-school-place/Primary-school/Pages/default.aspx>



## Tesco Community Project

We have been chosen by Tesco to be part of the Tesco stronger starts project. Our project proposal is for new and updated Library books, to encourage a lifelong love of reading. Customers can vote using the blue token system. If

we win, we will receive £1,500, if we come 2<sup>nd</sup> we will receive £1,000 if we come third we will receive £500. The list of stores which will be part of the voting project is below:

2135	Cardiff Cregiau Exp	CF15 9NL	Small unit
2230	Cardiff Extra	CF14 3AT	2 x large unit
2242	Canton	CF11 9AN	Small unit
3397	Whitchurch Cardff Exp	CF14 7BQ	Small unit
4876	Cardiff Central Sq	CF10 1FS	Small unit
5179	Mermaid Quay Card Exp	CF10 5BZ	Small unit
5268	Tyn Y Parc Cardff Exp	CF14 6BN	Small unit
5324	Corporatn Rd Crdf Exp	CF11 7AT	Small unit
5421	Culverhouse Cross Ext	CF5 6XQ	Large unit
5436	Canton Express	CF5 1JG	Small unit
5502	Maes Y Coed Crdif Exp	CF14 4TT	Small unit
5703	Cathays Ter Crdif Exp	CF24 4HZ	Small unit
5715	Ely Cardiff Exp	CF5 5TD	Small unit
5869	Cardiff North Rd Exp	CF14 3BH	Small unit



**Please encourage everyone you know to vote for us in stores!!!!**

## Congratulations to Lucia in Year 6!!!!

Lucia belongs to the Planet Gymnastics Club, she is in the Competitive Tumble Squad. Last Saturday she entered her first regional competition. She was extremely successful! She won gold in Trampette, Floor and Vault in the Disability Phase. She also won a trophy for best overall competitor and has been selected for the national competition in two weeks' time. This is a fantastic achievement and shows that the 6 hours of training per week has really paid off. Well done Lucia!!!



## Diary dates 2023/24

These will be regularly updated:

### November 2023

Tuesday 14<sup>th</sup> November Parental Consultation Evening

Monday 20<sup>th</sup> November free school meals begin for all children in Year 4 (Reception- Class 3 already have free school meals)

Tuesday 21<sup>st</sup> November Parental Consultation Evening

Friday 24<sup>th</sup> November Class 4 visit to St Fagans – Victorian school experience.

Wednesday 29<sup>th</sup> November Class 5 and 6 visit to Llancaiach Fawr

### December 2023

Thursday December 7<sup>th</sup> Class 3 and 4 Nativity play 2pm

Friday December 8<sup>th</sup> Class 3 and 4 Nativity play 2pm

Wednesday 13<sup>th</sup> December Class 1 and 2 Nativity Play

Thursday 14<sup>th</sup> December Class 1 and 2 Nativity Play

Friday 15<sup>th</sup> December Class 1 and 2 visit Bridgend College Pantomime Jack and the Beanstalk.

Wednesday 20<sup>th</sup> December Christmas Lunch

Thursday 21<sup>st</sup> December Mass 9.30 am - Holy Family theme - whole school to attend in the school hall

Friday December 22<sup>nd</sup> Carol Service 9.30am parents are welcome to attend

Friday December 22<sup>nd</sup> Disco pm- 2 year groups at a time (non-uniform day)

**Friday December 22<sup>nd</sup> school closes for the Christmas holidays**

## **January 2024**

Monday January 8<sup>th</sup> children return to school

Thursday 25<sup>th</sup> January St Dwynwen's Day

**Monday 29<sup>th</sup> January Inset day school closed to children**

## **February 2024**

**Friday 9<sup>th</sup> February Inset day school closed to children**

**Friday 9<sup>th</sup> February school closes for half term**

Monday February 19<sup>th</sup> Children return to school after half term

## **March 2024**

Friday March 1<sup>st</sup> St David's Day- children to wear traditional Welsh costume or the colours of the Welsh flag

Wednesday 6<sup>th</sup> March Class 6 assembly 3pm parents are welcome to attend

Monday 11<sup>th</sup> March Year 6 children go to Llangrannog

Wednesday 13<sup>th</sup> March Year 6 children return from Llangrannog

Thursday 14<sup>th</sup> March Individual photos

Monday 18<sup>th</sup> March Class 1 and 2 Easter Assembly 3pm

Tuesday 19<sup>th</sup> March Class 3 Easter Assembly 3pm

Wednesday 20<sup>th</sup> March Class 4 Easter Assembly 3pm

Thursday 21<sup>st</sup> March Class 5 Easter Assembly 3pm

Friday 22<sup>nd</sup> March Class 6 Easter Assembly 3pm

**Friday 22<sup>nd</sup> March School closes for the Easter holidays**

## **April 2024**

Monday 8<sup>th</sup> April children return to school

Monday 8<sup>th</sup> April Year 6 children begin 2-week swimming course at Fairwater Leisure Centre

Tuesday 16<sup>th</sup> April Parental Consultation Evening- appointments will be emailed

Tuesday 23<sup>rd</sup> April Parental Consultation Evening- appointments will be emailed

Friday April 26<sup>th</sup> Year 5 children go to Manor Adventure residential weekend

Sunday April 28<sup>th</sup> Year 5 children return from Manor Adventure residential weekend

Monday April 29<sup>th</sup> Year 6 Cycling Course begins

## **May 2024**

Thursday 2<sup>nd</sup> May Year 6 Cycling Course finishes

**Monday May 6<sup>th</sup> Bank Holiday School is closed**

Wednesday May 8<sup>th</sup> National Tests begin for children in Years 2-6

Wednesday May 8 Class photographs

Thursday May 9<sup>th</sup> Ascension Day Mass 9.45am at Holy Family Church Years 2-6 to attend

Thursday May 16<sup>th</sup> Class 1 assembly 3pm parents are welcome to attend

Thursday May 23<sup>rd</sup> National Tests finish for Years 2-6

**Friday May 24<sup>th</sup> Inset Day School closed to children**

**Friday May 24<sup>th</sup> school closes for half term**

## **June 2024**

**Monday June 3<sup>rd</sup> Inset day school closed to children**

Tuesday June 4<sup>th</sup> children return to school after the half term

Thursday June 13<sup>th</sup> Class 2 Assembly 3pm parents are welcome to attend

Tuesday June 18<sup>th</sup> Sports Day

Wednesday June 19<sup>th</sup> Sports Day if it is postponed from the 18<sup>th</sup> June



## July 2024

Tuesday 9<sup>th</sup> July Y6 full day Transition visit to Corpus Christi High School  
Thursday July 11<sup>th</sup> Class 3 Assembly 3pm parents are welcome to attend  
Thursday 18<sup>th</sup> July Leavers' Mass 18<sup>th</sup> July 9.30am  
Thursday 18<sup>th</sup> July Leavers' Assembly 18<sup>th</sup> July 2pm  
Friday July 19<sup>th</sup> school closes for the summer holiday

### Inset Days

Monday 29<sup>th</sup> January 2024

Friday 9<sup>th</sup> February 2024

Friday 24<sup>th</sup> May 2024

Monday 3<sup>rd</sup> June 2024

Monday 22<sup>nd</sup> July 2024

## Term dates 2023/24

Term	Term begins	Half Term begins	Half Term ends	Term ends
Autumn Term	Monday 4/9/2023	Monday 30/10/2023	Friday 3/11/2023	Friday 22/12/2023
Spring Term	Monday 8/1/24	Monday 12/2/24	Friday 16/2/24	Friday 22/3/24
Summer Term *6/5/24 May Day Bank Holiday	Monday 8/4/24	Monday 27/5/24	Friday 31/5/24	Monday 22/7/24

## Term Dates 2024/25

Term	Term begins	Half Term begins	Half Term ends	Term ends
Autumn Term	Monday 2/9/2024	Monday 28/10/2024	Friday 1/11/2024	Friday 20/12/2024
Spring Term	Monday 6/1/25	Monday 24/2/25	Friday 28/2/25	Friday 11/4/25
Summer Term *5/5/25 May Day Bank Holiday	Monday 28/4/25	Monday 26/5/25	Friday 30/5/25	Monday 21/7/25

This week in Class One as part of Anti-Bullying week we thought about ways that we could show love and kindness to each other. We sorted friendly and unfriendly pictures and talked about what we should do if we see people being unkind to others.



Absalat

give a hug  
listening  
helping someone  
playing together  
smiling

sharing  
caring



Chaniel

On Friday we celebrated 'Friendship Friday' by supporting and raising money for 'Children in Need'. We loved wearing bright colours, spots and pyjamas to school. We had great fun completing activities all about Pudsey bear.



We made Pudsey cakes to take home.



We made Pudsey puppets and added spots to Pudsey's bandage.





# Class 2



ANTI-BULLYING WEEK  
**ONE  
KIND  
WORD**

We shared fantastic discussion around the theme of Bullying and Anti-Bullying. We agreed that the best way to make sure bullying does not happen is to be the best friends that we can be. We drew around our hands, cut them out and wrote words of friendship on them. We then made a beautiful wreath of these multi-coloured hands to remind everyone how to be a good friend. We also made a paperchain of friendship. We have both of these on display in our classroom to remind everyone of the importance of friendship and looking after one another.

The strap line for this year's Anti-Bullying Week is **Let's Make Some Noise**. We thought of the people that we should make some noise to if we are worried about someone being bullied.





Class 3  
16.11.23



As part of Anti Bullying Week, Class 3 looked at the different types of bullying.

Who can you talk to if you're being bullied?

Verbal ways to bully:- saying unkind words - calling names

Emotional ways to bully:- Make fun of someone - Ignore someone - Kicking someone - Hitting someone - Shoving someone - Leave you out

Physical ways to bully:-



How might someone feel if they are being bullied?

- They might feel lonely and left out.
- They may feel angry and upset.
- They might feel scared to tell someone.

PIC•COLLAGE

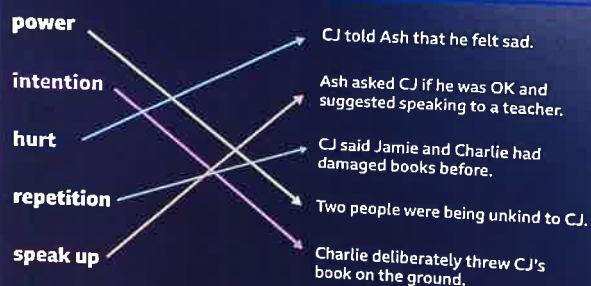


# Class Four.



For Anti Bullying week Class 4 enjoyed working on different scenarios to decide what behaviour is classed as Banter and what would be classed as Bullying Behaviour. They completed a variety of activities in groups and pairs and understood the need to "Make a noise about bullying".

## Activity 1: Match the key word to the description.



## Activity 2: How do you tell someone 'that joke isn't funny' Write down some useful phrases to let a friend know when their joking is beginning to get uncomfortable.

'Can we talk about something else please?'

'Give it a rest.'

'Leave it out!'

'That's not as funny as you think.'

'Be nice!'

'I know you mean well, but...'

## Activity 3: How does it feel to give or get support?

It feels \_\_\_\_\_

comforting    nice    supportive    like I've been set free  
 warm and caring    like a weight has been lifted    rewarding  
 good    empowering    like someone's on my side    great

# CLASS 5 *ANTI-BULLYING WEEK...*

*This week we have learned about the differences between banter and bullying. We made posters, wrote scenarios and recorded "victim testimonials" on video using Flip. Here are examples of work from Tallulah, Raiya, Kayden and James.*

## Bullying VS Banter

### Banter:

Banter is a fun way of joking around and teasing someone!

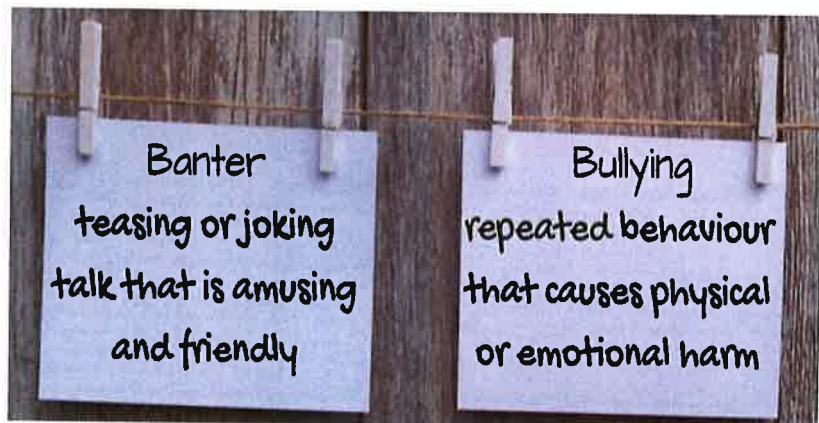
Friends use banter as a way of saying the opposite of something that is true.

### Bullying:

**Bullying is when you pick on someone all the time, it has to be constant picking. Bullying can't be when you say someone's ugly one day and not the other. Bullying can go on at all ages not just in primary and high school- it can happen in work too.**

S-Stop it.  
T-Terrible for people  
O-Opinions hurt.  
P-Patronizing innocents.

B-Bad for everyone  
U-Unpleasant to hear  
L-Lethal words to people  
L-Feeling down and lonely  
Y-Your feelings are hurt.  
I-Ignorant people say mean things to you.  
N-Never ending  
G-Gross and bad words pointed at you.



### What is Anti-Bullying Week?

Anti- Bullying Week is when we recognise that bullying is a bad thing, and we see the difference between bullying and bantering. We get together to stop bullying and to stop the negative effects on the victim of bullying.





## Class 6 - Anti Bullying Week

### Bullying or Banter?

### Examples of Banter and Bullying



#### BULLYING

Hahaha you are  
soooooo bad at drawing  
hahahahahahahahaha!

Why are you so ugly? I'm  
so pretty compared to  
you!!

Your hair looks really bad, mine  
looks so much better. Go and see  
your hairdresser!

Why are you so dumb? You  
need to improve your



My advice to everybody is to stop saying  
negative comments to people and to  
always be kind!



#### BANTER

There is a fine line between bullying  
and sharing banter. Make sure that you  
know the difference.

You can only  
Share banter with somebody  
That you know.



You:  
'I bet you can't beat me in a race  
I'm so much faster than you  
hahaha.'

Your friend:

I LOVE your  
hair today it looks really cute.

Having a joke with your friends  
is ok because that is banter.

If you are sharing negative  
comments with someone who  
is not a close friend and you're  
doing it every day then this is  
**BULLYING** not **BANTER**!

